




**Take Root
& Grow**




Hope Seeds

Hope Seeds, Inc
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My Perfect Garden



Materials Needed:

Sticks
Stones
Leaves
Other Nature Items



have the children draw the layout of their perfect gardens in the dirt. They may use leaves, rocks, sticks or any other materials found to help create their gardens. At the end of this activity, take a “garden tour”.



Take a walk around the garden. Ask the children to look at the garden and think about how they would set up their own personal gardens. What seeds would they plant and where? Move to a flat open area that has a lot of dirt. Using a stick,



Banana Leaf Pot

Materials Needed:

Banana Leaf
Pieces of Tall Grass
Cup or Small Bowl

Preparing the Pot:

1. Take one piece of banana leaf (approximately 8"x8") and wrap it around the bottom of a cup or small bowl.
2. Tie two pieces of tall grass (lemongrass works nicely) around the center to help keep its form. Let dry for one day.

Planting:

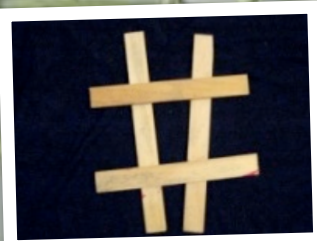
1. Remove the cup or bowl and fill the newly formed pot with soil.
2. Sprinkle lightly with water being careful not to overwater.
3. Plant one or two seeds ½ inch deep into the soil.
4. Label each pot with the seed type and date planted.
5. Place in a sunny location where the children can record observations of plant growth. Water lightly as needed. When the plants have grown for 10-21 days (depending on the variety) they will be ready for transplanting into the soil or large containers outside.



Garden Trellis

Materials Needed:

4 Sticks
Pieces of Tall Grass



A simple garden trellis can be made by using grass to tie together 4 sticks as shown in the pictured

Corn Husk Doll

Materials Needed:

Corn Husks
Corn Silk
Tall Grass Pieces
Water



1. Soak corn husks in a container of water to make them soft and bendable. Separate the husks as they become soft.
2. Choose four husks that are about the same size. Lay the four pieces on top of each other and use grass to tie the ends of the husks together at about 1 inch near the top.
3. Turn the husks upside down and fold the husks down over the grass so that the grass is not visible. This starts the doll's head.
4. Tie another piece of grass around the end that is forming the doll's head.
5. Take two more husks and roll them into a tube. Using grass, tie the tube between the four husks of the body just below the head.
6. Tie a piece of grass around the body below the arms. This will not only form a waist for the doll and keep the arms in place. Tie pieces of grass at each end to form hands.



7. Leave the doll as it is and you'll have a doll with a dress. Or you can separate the husks under the doll's waist. Use grass to tie the two husks together on each side to form legs.



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